

# NEWSLETTER

*Lent 2022*



## *The Rector writes...*

Ash Wednesday, 2nd March, marks the beginning of Lent. Lent is a time of preparation as we look forward to Easter and is often a time when people 'give things up', often chocolate or cakes or sweets but sometimes something different like watching television. The idea of giving something up for Lent comes from the Christian tradition of Lent being a time of fasting as we remember Jesus fasting in the wilderness for 40 days as well as part of our preparation for Easter. We generally think of Lent as 40 days, but the period from Ash Wednesday to Holy Saturday (the day before Easter Sunday, sometimes known as Easter Eve) is actually 46 days. This is because there are 6 Sundays during that period and in the early Church it was felt to be completely inappropriate to fast on a Sunday as Sunday is the day when we celebrate Jesus' resurrection. This means that if you are giving up something for Lent, you get a break each Sunday as the Sundays between Ash Wednesday and Easter Sunday are not really part of Lent! Enjoy!

But I don't really want to think about giving things up for Lent, although if you decide to do this you have my admiration and best wishes as I often don't manage to give anything up! I wanted to encourage you to think about doing something positive in Lent. I would encourage you to read our Lent book (details later in the newsletter) even if you are not joining the online sessions. Alternatively, you may have a book on your shelf that you have been intending to read for some time: this might be a really good time to commit to read that book - hopefully something about God or faith! Or, you could decide to read the Bible on a daily basis through Lent. *(continued overleaf)*

## *Collect for Lent*

Almighty and everlasting God,  
you hate nothing  
that you have made  
and forgive the sins of all  
those who are penitent:  
create and make in us new  
and contrite hearts  
that we,  
worthily lamenting our sins  
and acknowledging our  
wretchedness,  
may receive from you,  
the God of all mercy,  
perfect remission  
and forgiveness;  
through Jesus Christ  
your Son our Lord,  
who is alive  
and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.

We wait in hope for the Lord; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, Lord, even as we put our hope in you.

PSALM 33:20-22

---

### *DATES FOR YOUR DIARY*

2nd March:  
Ash Wednesday

27th March:  
Mothering Sunday

14th April:  
Maundy Thursday

15th April:  
Good Friday

17th April:  
EASTER DAY

Or you might decide to make a point of undertaking some visiting – perhaps visiting someone each week during Lent who you wouldn't normally see, or making a phone call to someone each week who you haven't spoken to for a while. Taking this on in a thoughtful way could make a huge difference to folks who are lonely.

Or you could decide to try something new from Fairtrade. Are you a regular user of Fairtrade tea, coffee and sugar? Fairtrade cleaning products? Fairtrade cookies or chocolate? Using Fairtrade products changes peoples lives and makes a statement about working towards a more just society.

Whatever you decide to do or not do during Lent, I hope it is a useful time for you as you think about your relationship with God and prepare for Easter.



## *Celebrating Lent*

Does it sound odd to celebrate Lent? Specially when you're giving up all that lovely chocolate? Lent is a time of getting ready for the greatest celebration of in our lives: as we rejoice in the cross and resurrection of Jesus at Holy Week and Easter.

We prepare for it by a two-stage process that is at the heart of all spiritual growth: in repentance and faith.

- **We repent:** asking the Lord to show us more of the sins and habits that are cluttering up our lives, and need clearing out; and
- **We believe:** building up our trust in Christ and our walk with him, making quality time to grow in our knowledge of and joy in him.

# Holy Week Schedule



Being with Jesus from Palm Sunday to Easter Day  
Please plan to take part as much as possible in our Holy Week  
and Easter services as we seek together to walk with Jesus from  
Palm Sunday to the Resurrection.

## **Palm Sunday (10th April): Entering Jerusalem with Jesus**

10.30am Holy Communion in church

4.00pm Online Service of the Word for Palm Sunday

## **Remaining with Jesus each day during Holy week**

Monday: 8.00pm Compline with a Meditation (online)

Tuesday: 8.00pm Compline with a Meditation (online)

Wednesday: 8.00pm Compline with a Meditation (online)

## **Maundy Thursday (14th April):**

### **Around the table with Jesus in the Upper Room**

8.00pm Holy Communion Service in church

with foot washing and Stripping of the Altar

## **Good Friday (15th April): Remaining by the Cross**

2.00pm The Liturgy of Good Friday with Communion from the  
Reserved Sacrament and Veneration of the Cross

## **Holy Saturday (16th April)**

8.00pm Easter Vigil with the Easter Ceremonies  
and first communion of Easter in church

## **EASTER DAY (17th April)**

Recognising Jesus in the Garden - Celebrating the Resurrection

10.30am Holy Communion in church

4.00pm Online Easter Sunday Service of the Word

All Welcome!

Links for the online worship will be sent out in the usual way.  
Please contact the Rector for any further information.

*A prayer  
for Lent*

Into the dark  
world a  
snowdrop  
comes:  
a blessing of  
hope and peace  
carrying within  
it a green heart:  
symbol of God's  
renewing love.  
Come to inhabit  
our darkness,  
Lord Christ,  
for dark and  
light are alike  
to you.

May nature's  
white candles  
of hope remind  
us of your birth  
and lighten our  
journey through  
Lent and  
beyond. Amen.

*Kate McIlhagga,  
Iona*



## Online services continue

### Tuesday:

Morning Prayer at 9.30am

### Wednesday:

Compline at 8.00pm

### Thursday:

Morning Prayer at 9.30am

### Friday:

Morning Prayer at 9.30am

### Sunday:

Service of the Word  
at 4.00pm

### Contact details:

Email the Rector on  
[rector@holymtrinitydunoon.co.uk](mailto:rector@holymtrinitydunoon.co.uk)  
or phone: 01369 702444

### Website:

[www.holytrinitydunoon.co.uk](http://www.holytrinitydunoon.co.uk)

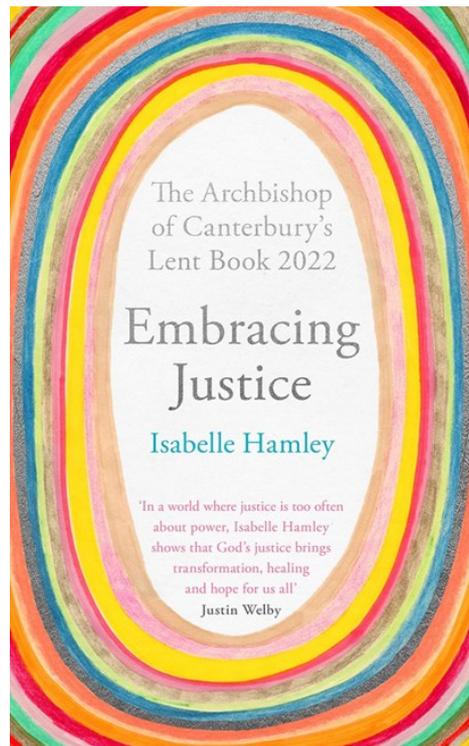


[www.facebook.com/  
holymtrinitydunoon](https://www.facebook.com/holytrinitydunoon)

Scottish Charity No SC008066

# Lent Course for 2022

Our Lent book for 2022 is Isabelle Hamley's *Embracing Justice*, the Archbishop of Canterbury's Lent Book. It offers a serious-minded exploration of the different stories of justice in the Bible, with a good deal of attention to the Old Testament — "original justice" in Genesis, liberation in Exodus, community justice in the laws — before coming to the incarnation, the cross, and the eucharist. "Either justice is swept aside in the cross or justice is not primarily about 'just deserts', but needs to be rethought."



"Using stories matters", she writes, because "they remind us that justice is always rooted in specific contexts," and "justice begins with a profound transformation of our imagination."

Hamley is Theological Adviser to the House of Bishops, and her approach to scripture — not raiding it for proof-texts or insisting on unanimity, but allowing its narratives to reshape our imagination — is a model of theological method. Alongside this, she introduces contemporary stories that have engaged her as a social activist and former probation officer.

*Embracing Justice* is not closely linked to Lent, although it follows the season in moving towards the Passion, and could well be used for individual reading or in group discussion. It is attractively written and non-technical, though its handling of ideas make it most suitable for those wanting to stretch their minds around new ways of seeing familiar material. (extracted from *Church Times*)

There will be online sessions to discuss the questions raised in the book, and to watch a video of the author discussing each chapter with a guest. The sessions are on a Wednesday evening between 7.00 and 8.00pm, and are followed by Compline. The dates are 16th, 23rd and 30th March, and 6th and 13th April.

Please contact the Rector if you would like to join the sessions. You don't need to come to them all, you can come to as many or as few as you are able. All are welcome to join.